

Transformation a New Oil

By Joan



Dear Friends,

At the recent class with Dr. Young in Secaucus, NJ, he went over the new blend, "Transformation" in great detail. Here are my notes, enjoy! Dr. Young was extremely poetic in his descriptions, Please read in particular his definition of Frankincense below.

Transformation activates the limbic regions of the brain to transform old thought processes, reawaken motivation, transform the psyche and free one from the emotional shackles of counterproductive habits and cognitive sabotage.

Contains lemon, peppermint, sandalwood, clary sage, frankincense, idaho balsam fir, rosemary cineol and cardamon.

What process does gary go through when he is making new blends? first, he thinks about what is the need? then he asks for divine direction.

Usually the formula comes to his mind, with exact ratios.

Let's look at the formula for transformation, and understand why we formulate the way we do.

Lemon: highest essential oil in limonene, which boosts the immune system. Lemon increases oxygen to the blood. The physical body must be strengthened if you want to make emotional/mental transformation. Just as the mental/emotional has to be transformed for physical transformation.

Peppermint: Increases the oxygen uptake. stimulates the nerves through the synapses to get the brain awakened. Gets the hypothalamus talking to the neuro cortex. Can't get success without firing up the brain function. Transform the brain, transform DNA. DNA breakdown: trauma creates acid in the body. emotional trauma increases cortisol which increases acid. during trauma you can't reverse acid. acid causes rotation of the cells to reverse-locks trauma in- essential oils prevent breakdown of the telemere strands by reversing the spin back to clockwise.

Clary Sage: Pulls in so much oxygen, balances the hormones. Trauma causes the hormones to take a dive, which causes depression. Depression develops over time- it is often a depletion of hormones. When you feel emotional deprivation, your cells go into reverse spin, which transcribes the negative feelings on the template. The goal here is to stop the transcription of negative emotions. Clary sage has such a high frequency, it can stop the reverse spin and repair the breakdown of the telemere strands. Sandalwood does this as well.

Frankincense: the tangible door to the spirit realm. a synapse between you and the creation. (Dr. Young also said that frankincense was the masculine door to the spirit realm, and myrrh is the feminine door.)

Idaho Balsam Fir: Checkmates cortisol, stops it in its tracks. Reduces cortisol by 40% just by inhaling it! If you stop cortisol you can transmute the enzyme from transcribing on the templates.

Rosemary: Here Dr. Young described his perplexity over why rosemary was given to him to put in this blend. Since it is primarily for infections, candida and epstein barr, he wondered what it was doing in this blend, since transformation is an emotional blend. Gary felt himself arguing with the inner direction he received, not really understanding what it offered. Then, as he studied more about rosemary, he found that, like sage, rosemary aligns the chakra or energy systems of the body. It anchors in the physical presence. It stimulates recall and releasing of that which the brain doesn't want to retain.

Cardamon: Stimulates mental clarity, overcomes mental fatigue.

How To Use:

Visualize your positive thoughts, breathe in the oil. You will encode that memory every time you breathe it in. and then subsequently, when you breathe transformation, it will bring up the positive thoughts and create the energy of that thought.

This blend can change peoples lives simply by inhaling it. Going into a space that was forgotten.

When you use transformation, you will probably clear things that you are not through with. When an old trauma comes up, bless it, give gratitude for that trauma that comes up, now you are ready to move on.

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