

## USING THE PERSONAL HARMONISER™



At CIR we have realised that shielding from electromagnetic fields and radiations is impractical because they are everywhere around us and very difficult to block entirely. We have therefore adopted the approach of counteracting these damaging radiations by strengthening beneficial energy within us and our near environment. Our products strengthen and protect the immune system, reducing the effects of interference. They are reducing electromagnetic stress.

The Personal Harmoniser is a flat twin spiral and contains, like all Vortex Energisers, highly energised imploded water. Its small size (only 5cm length, 2.5cm width) makes it easy to carry in your pocket or wallet and use it wherever you are. It will then enhance your natural defences against the damaging radiations coming from radio, TV and mobile phone transmitters which fill our living environment. It can also be slipped into the cases of mobile phones, which are a serious danger to our health, and be used generally to energise food and drinks anywhere.

Many people have reported that the Personal Harmoniser, when placed on affected areas of the body, relieves pain and speeds up the healing process.



The design of the Personal Harmoniser is based on 5500 year old Neolithic rock carvings at New Grange in Ireland.

In October 2000 Dr. Cyril Smith from Salford University tested our Personal Harmoniser and verified its protective effect. Measurements at the acupuncture point GV14 (Du Mai meridian) showed that the Personal Harmoniser when worn, prevents "entrainment" i.e. absorption of environmental frequencies thus protecting from electromagnetic pollution. The endogenous (the body's own) frequencies at GV14 remained unchanged by the action of the Personal Harmoniser.

### HOW TO USE THE PERSONAL HARMONISER

There are many ways you can use your Personal Harmoniser. Below are just a few examples:

#### Personal Protection from Electromagnetic Pollution

Wear the Personal Harmoniser anywhere on your person. Any pocket or in your wallet/purse will be fine. Direct skin contact is not necessary. You could also wear it around your neck by means of a chain or cord (supplied by us) which is inserted through one of the two central holes of the Personal Harmoniser.

#### Mobile Phone Protection

Follow above guidelines or slide Personal Harmoniser into carry case behind mobile phone. You could also stick it to the back of the phone using an adhesive pad (normally used for sticking mirrors to walls).

#### Further Personal Uses

Many customers have reported that the Personal Harmoniser, when placed on affected parts of the body, will stimulate the healing process and relieve pain. People with back pains and arthritis/rheumatism have successfully used tape and bandage to keep the Personal Harmoniser in place. Placed on the throat over night it seems to improve catarrh. Experiment to find the way that suits you best.

#### Energising Food & Water

Placing the Personal Harmoniser next to any water container will cause the water inside to become energised. 10 litres of water will be energised within 5 minutes, a jug of water within one minute. However, leave the water standing for a further 15 minutes before consumption for the energisation to have a physical effect, i.e. improve taste.

Energise food in the same manner. For example place the Personal Harmoniser in or beside your fruit bowl for about 5 minutes.

#### Energising Your Fridge

This is a very easy and elegant way to ensure that your food is energised. Just place your Personal Harmoniser anywhere in the fridge for a few days. This should be long enough, although some people like to keep one in permanently. We have testimonies from delicatessen shops and private customers confirming that milk and vegetables last longer when energised. Some have reported that the taste of wines and beers improves, too. Of course, as explained earlier you can also use the Vortex Energiser for this application.

These are just some uses of the Personal Harmoniser. Please experiment for yourselves and do let us know what kind of results you get.

### CARE

The Personal Harmoniser is made from copper tubing and will tarnish with time. If you like yours shiny, polish it with a metal polish such as Brasso from time to time.